



## **IN-PERSON AND VIRTUAL OPTIONS AVAILABLE**

### **WHAT IS SWSRA?**

SWSRA is a special recreation association that is an extension of 8 member districts. SWSRA was formed in 1981 to provide year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual. If you live in one of the following communities, you are considered a resident of SWSRA: Alsip, Blue Island, Hickory Hills, Merrionette Park, Midlothian, Palos Heights, Posen, and Worth. We offer a wide variety of programs for individuals in early childhood through adults of all ages. Programs are designed to meet the individual whose special needs restrict or prohibit their participation in traditional park district or recreation department programs. This would include individuals who have varying degrees of physical or cognitive disabilities, learning disabilities, behavior disorders, and hearing or visual impairments.

### **WHAT IS OASIS?**

OASIS was created to meet the needs of individuals with disabilities aged 18 and older and onsite participation generally operates at a staff-to-participant ratio of 1:6 to 1:4. This is a structured program that is designed to help improve independence, enhance basic life skills and social skills, and incorporate a recreational lifestyle.

General program goals are to provide quality recreation services as well as increase and maintain social skills through well-designed activities and possible community outings and field trips. Also, promote independence through daily living skills, social interactions, cooking, health & fitness, and leisure activities. Foster social interaction with peers and the community. Encourage the growth and knowledge of nutritional meal planning along with a fitness regimen.

### **PROGRAM LOCATION**

**Worth Community Center, 10707 S. Oak Park Ave., Worth, IL**  
(Virtual options available)

### **PROGRAM DATES**

**Tuesday & Thursday 10am – 2pm**  
**September 7, 2021 – May 26, 2022**

*The program follows the days off and holidays  
of a local school district calendar.*

### **NO PROGRAM DATES**

- November 25, 2021 – Thanksgiving Day
- December 21, 23, 28, 30, 2021 & January 4, 2022 - Winter Break
- March 15, 2022 – Enrichment Day
- March 29 & 31, 2022 – Spring Break

### **MONTHLY PROGRAM FEES**

**\$330 – RESIDENT      \$412.50 – ATP      \$495 – NON RESIDENT**

